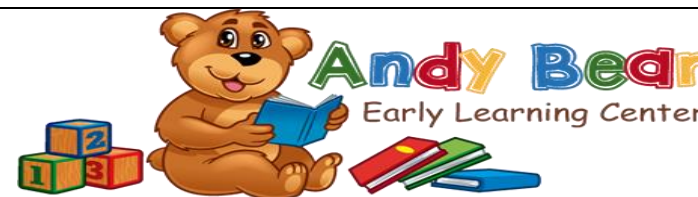
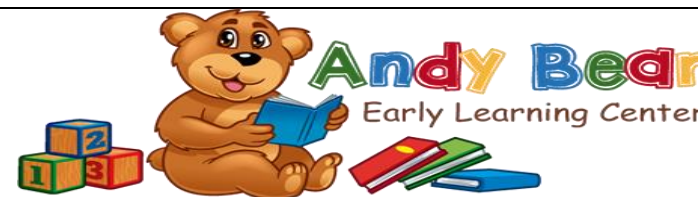


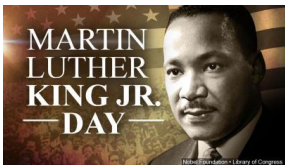

# Lunch Menu January 2021



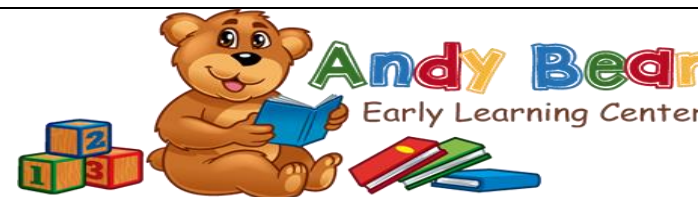
Jan 4-8	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
<b>Breakfast</b>	Cinnamon Raisin Bagel Cream Cheese 100% Apple Juice Milk	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
<b>Lunch</b>	Baked Sliced Chicken Steamed Broccoli Roasted Sweet Potato Whole Grain Bread Milk	Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Oven Fried Chicken Fresh Green Beans Salad (Spinach, Romaine, Tomato, Cucumber) Cornbread
<b>Snack</b>	Yogurt Mixed Fruit	Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread Mayo	Fresh Orange Wedge Animal Crackers <span style="float: right;">Menu A</span>
Jan 11-15	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
<b>Breakfast</b>	Cheddar Cheese Pineapple Kix Cereal Milk	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
<b>Lunch</b>	Roast Turkey Slices Peas and Carrots Whole Wheat Roll Mandarin Oranges Milk	Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Beef Stir Fry Stir Fry Vegetables Penne Pasta Seasonal Fresh Fruit Milk	Tacos Milk	Turkey & Swiss Sandwich Salad Fruit Cocktail 100% Whole Grain Bread
<b>Snack</b>	Pretzels Milk	Corn Muffin 100% Orange Juice	Soynut Butter Apple Slices	Yogurt Graham Crackers	Tuna Salad Crackers <span style="float: right;">Menu B</span>

# Lunch Menu January 2021



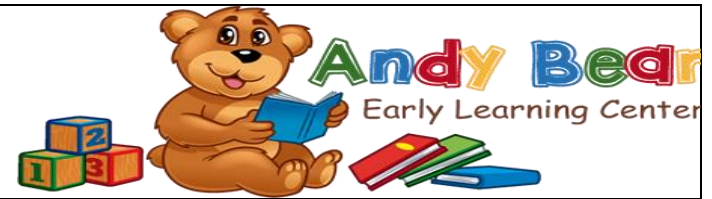
Jan 18-22	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
<b>Breakfast</b>	<b>Martin Luther King Jr. Day</b>  <b>CLOSED</b>  	Raisin Bread Mandarin Oranges Milk	Blueberry Muffin Yogurt Seasonal Fresh Fruit Milk	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk
<b>Lunch</b>		Meatloaf Fresh Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk	Pulled Chicken Green Peas Soft Roll Apple Slices Milk	Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Milk Mixed Vegetables Pears 
<b>Snack</b>		Soft Pita Bread Red Grape Juice	Whole Grain Crackers Carrot Sticks	Animal Crackers Milk	Cheese Stick Fresh Orange Slices <small>Menu C</small>
Jan 25-24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
<b>Breakfast</b>	Yogurt Fruit Cocktail Life Original Cereal Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	Biscuit 100% Apple Juice Milk	Banana Multi Grain Cheerios Milk
<b>Lunch</b>	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Fresh Clementine Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets Milk	Chicken Vegetables Stir Fry Brown Rice Mandarin Oranges Milk	Hamburger Oven Fried Potatoes Pears
<b>Snack</b>	100% Wholegrain Crackers Milk	Cheddar Cheese Stick Whole Grain Bread	Fresh Orange Wedges Crackers	Yogurt Peaches	Pretzels Mozzarella Cheese Stick <small>Menu D</small>


# Lunch Menu February 2021



Feb 1-5	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<b>Breakfast</b>	Blueberry Muffin Fruit Cocktail Milk	Whole Grain Bagel Cream Cheese Pineapple Milk	Total Whole Grain Cer Cheddar Cheese Slice Pears Milk	Original Cheerios (100 whole grain) Banana Milk	Whole Grain Bread Hard Boiled Egg Applesauce Milk
<b>Lunch</b>	Fresh Turkey Roast Peas and Carrots Mac & Cheese Peaches Milk	Black Beans Bell Pepper Slices Yellow rice Mixed Fruit Milk	Lasagna Steamed Broccoli Noodles Clementine Wedges Milk	Tuna Salad Sandwich Mixed Vegetables Mayo Seasonal Fresh Fruit Milk	Chicken Nuggets Fresh Mashed Potato Salad Soft Roll Milk
<b>Snack</b>	Saltine Crackers Orange Juice	Raisin Bread Milk	Hummus Pita Chips	Cheese Crackers Fresh Apple Slices	Yogurt Graham Crackers <small>Menu E</small>
Feb 8-12	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<b>Breakfast</b>	Cinnamon Raisin Bagel Cream Cheese 100% Apple Juice Milk	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
<b>Lunch</b>	Baked Sliced Chicken Steamed Broccoli Roasted Sweet Potato Whole Grain Bread Milk	Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Oven Fried Chicken Fresh Green Beans Salad (Spinach, Romaine, Tomato, Cucumber) Cornbread
<b>Snack</b>	Yogurt Mixed Fruit	Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread Mayo	Fresh Orange Wedge Animal Crackers <small>Menu A</small>

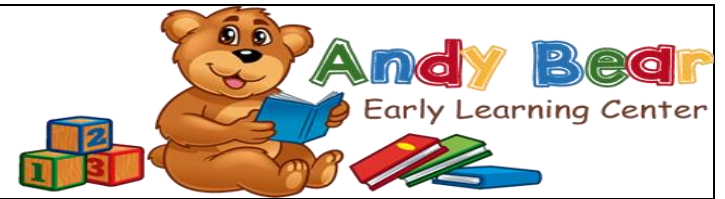
# Lunch Menu February 2021



Feb 15-19	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
<b>Breakfast</b>	<b>President Day</b>  <b>Closed</b>  	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
<b>Lunch</b>		Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Beef Stir Fry Stir Fry Vegetables Penne Pasta Seasonal Fresh Fruit Milk	Tacos Milk	Turkey & Swiss Sandwich Salad Fruit Cocktail 100% Whole Grain Bread
<b>Snack</b>		Corn Muffin 100% Orange Juice	Soynut Butter Apple Slices	Yogurt Graham Crackers	Tuna Salad Crackers
					Menu B
Feb 22-26	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<b>Breakfast</b>	Mozzarella Cheese Peaches Original Cheerios (100% whole grain)	Raisin Bread Mandarin Oranges Milk	Blueberry Muffin Yogurt Seasonal Fresh Fruit Milk	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk
<b>Lunch</b>	Sweet and Sassy Chicken Italian Green Beans Brown Rice Pineapple Milk	Meatloaf Fresh Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk	Pulled Chicken Green Peas Soft Roll Apple Slices Milk	Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Milk Mixed Vegetables Pears
<b>Snack</b>	Provolone Cheese Slice Whole Grain Bread	Soft Pita Bread Red Grape Juice	Whole Grain Crackers Carrot Sticks	Animal Crackers Milk	Cheese Stick Fresh Orange Slices
					Menu C



# Lunch Menu March 2021

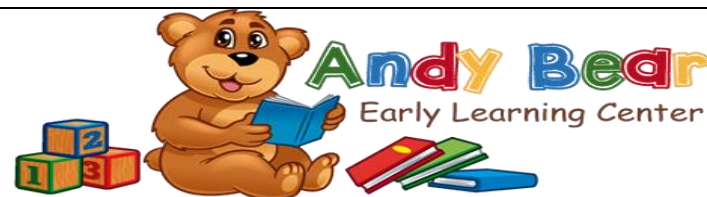


Mar 1-5	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<b>Breakfast</b>	Yogurt Fruit Cocktail Life Original Cereal Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	Biscuit 100% Apple Juice Milk	Banana Multi Grain Cheerios Milk
<b>Lunch</b>	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Fresh Clementine Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets Milk	Chicken Vegetables Stir Fry Brown Rice Mandarin Oranges Milk	Hamburger Oven Fried Potatoes Pears
<b>Snack</b>	100% Wholegrain Crackers Milk	Cheddar Cheese Stick Whole Grain Bread	Fresh Orange Wedges Crackers	Yogurt Peaches	Pretzels Mozzarella Cheese Stick
Mar 8-12	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<b>Breakfast</b>	Blueberry Muffin Fruit Cocktail Milk	Whole Grain Bagel Cream Cheese Pineapple Milk	Total Whole Grain Cer Cheddar Cheese Slice Pears Milk	Original Cheerios (100 whole grain) Banana Milk	Whole Grain Bread Hard Boiled Egg Applesauce Milk
<b>Lunch</b>	Fresh Turkey Roast Peas and Carrots Mac & Cheese Peaches Milk	Black Beans Bell Pepper Slices Yellow rice Mixed Fruit Milk	Lasagna Steamed Broccoli Noodles Clementine Wedges Milk	Tuna Salad Sandwich Mixed Vegetables Mayo Seasonal Fresh Fruit Milk	Chicken Nuggets Fresh Mashed Potato Salad Soft Roll Milk
<b>Snack</b>	Saltine Crackers Orange Juice	Raisin Bread Milk	Hummus Pita Chips	Cheese Crackers Fresh Apple Slices	Yogurt Graham Crackers

Menu D

Menu E

# Lunch Menu March 2021



Mar 15-19	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
<b>Breakfast</b>	Cinnamon Raisin Bagel Cream Cheese 100% Apple Juice Milk	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
<b>Lunch</b>	Baked Sliced Chicken Steamed Broccoli Roasted Sweet Potato Whole Grain Bread Milk	Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Oven Fried Chicken Fresh Green Beans Salad (Spinach, Romaine, Tomato, Cucumber) Cornbread
<b>Snack</b>	Yogurt Mixed Fruit	Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread Mayo	Fresh Orange Wedge Animal Crackers <span style="float: right;">Menu A</span>
Mar 22-26	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<b>Breakfast</b>	Cheddar Cheese Pineapple Kix Cereal Milk	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
<b>Lunch</b>	Roast Turkey Slices Peas and Carrots Whole Wheat Roll Mandarin Oranges Milk	Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Beef Stir Fry Stir Fry Vegetables Penne Pasta Seasonal Fresh Fruit Milk	Tacos Milk	Turkey & Swiss Sandwich Salad Fruit Cocktail 100% Whole Grain Bread
<b>Snack</b>	Pretzels Milk	Corn Muffin 100% Orange Juice	Soynut Butter Apple Slices	Yogurt Graham Crackers	Tuna Salad Crackers <span style="float: right;">Menu B</span>