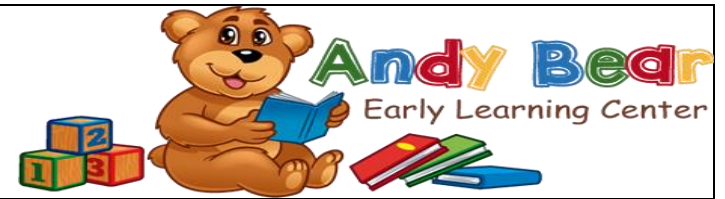
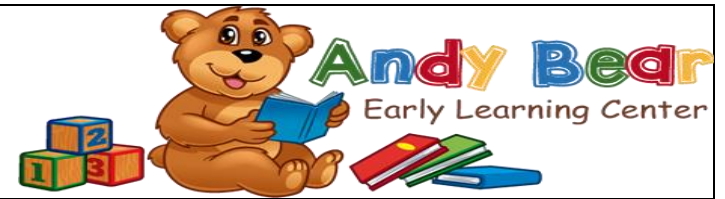


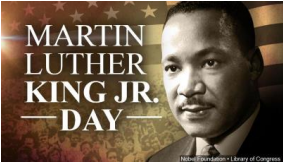
Lunch Menu January 2020

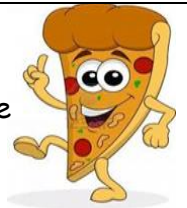


12/30-1/3	Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3	
Breakfast	Cereal Fruit Milk	Raisin Bread Mandarin Oranges Milk	<p>New Year Closed</p> 	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk	
Lunch	Sloppy Joes Italian Green Beans Bun Pineapple Milk	Meatloaf Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk		Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Fruit Milk/juice	
Snack	Soynut Butter Whole Grain Bread	Soft Pita Bread Red Grape Juice		Animal Crackers Milk	Cookie Milk	Menu C
Jan 6-10	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	
Breakfast	Cereal Fruit Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	Biscuit 100% Apple Juice Milk	Banana Multi Grain Cheerios Milk	
Lunch	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Tropical Mixed Fruit Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets with low-fat Ranch Dip Milk	Chicken Vegetables Stir Fry Brown Rice Mandarin Oranges Milk	Pizza Fruit Milk/juice	
Snack	100% Wholegrain Crackers Milk	Soynut Butter Jelly Whole Grain Bread	Fresh Orange Wedges Crackers	Yogurt Peaches	Cookie Milk	Menu D

Lunch Menu January 2020



Jan 13-17	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Breakfast	Cereal Milk	Whole Grain Bagel Cream Cheese Pineapple Milk	Total Whole Grain Cer Cheddar Cheese Slice Pears Milk	Original Cheerios (100 whole grain) Banana Milk	Whole Grain Bread Hard Boiled Egg Applesauce Milk
Lunch	Fresh Turkey Roast Peas and Carrots Mac & Cheese Peaches Milk	Seasoned Black Beans Bell Pepper Slices Yellow rice Tropical Fruit Mix Milk	Lasagna Steamed Broccoli Noodles Clementine Wedges Milk	Tuna Salad Sandwich Mixed Vegetables Mayo Seasonal Fresh Fruit Milk	Pizza Fruit Milk/juice
Snack	Saltine Crackers Orange Juice	Raisin Bread Milk	100% Whole Wheat Tortilla Bean dip	Cheese Crackers Fresh Apple Slices	Cookie Milk
Jan 20-24	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Breakfast	Martin Luther King Jr. Day CLOSED 	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
Lunch		Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Pizza Fruit Milk/juice
Snack		Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread	Cookie Milk

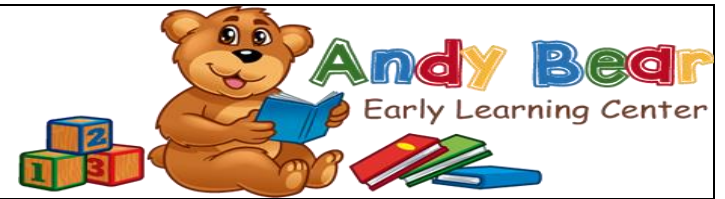


Menu E



Menu A

Lunch Menu February 2020



Jan 27-31	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Breakfast	Cereal Fruit Milk	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
Lunch	Roast Turkey Slices Peas and Carrots Whole Wheat Roll Mandarin Oranges Milk	Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Salisbury Steak Green Beans Mac & Cheese Seasonal Fresh Fruit	Tacos (Tortilla, cheese, lettuce, tomatoes, mild salsa) Corn & Brown Rice Tropical Fruit Mix Milk	Pizza Fruit Milk/juice
Snack	Pretzels Milk	Corn Muffin 100% Orange Juice	Milk Soynut Butter Apple Slices	Yogurt Graham Crackers	Cookie Milk
Feb 3-7	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Breakfast	Cereal Fruit Milk	Raisin Bread Mandarin Oranges Milk	Blueberry Muffin Yogurt Seasonal Fresh Fruit Milk	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk
Lunch	Sloppy Joes Italian Green Beans Bun Pineapple Milk	Meatloaf Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk	Pulled Chicken Green Peas Soft Roll Apple Slices Milk	Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Fruit Milk/juice
Snack	Soynut Butter Whole Grain Bread	Soft Pita Bread Red Grape Juice	Whole Grain Crackers Provolone Cheese	Animal Crackers Milk	Cookie Milk

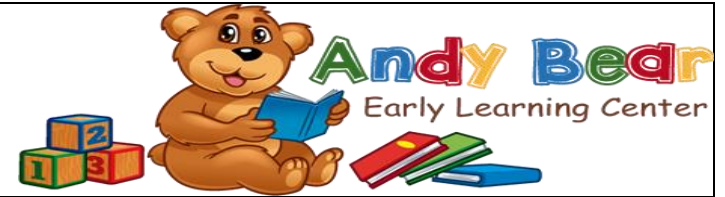





Menu B



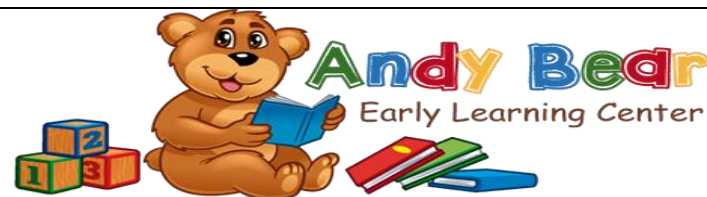
Menu C

Lunch Menu February 2020



Feb 10-14	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Breakfast	Cereal Fruit Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	Biscuit 100% Apple Juice Milk	Banana Multi Grain Cheerios Milk
Lunch	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Tropical Mixed Fruit Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets with low-fat Ranch Dip	Chicken Vegetables Stir Fry Brown Rice Mandarin Oranges Milk	Pizza Fruit Milk/juice 
Snack	100% Wholegrain Crackers Milk	Soynut Butter Jelly Whole Grain Bread	Milk Fresh Orange Wedges Crackers	Yogurt Peaches	Cookie Milk Menu D
Feb 17-21	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Breakfast	President Day Closed 	Whole Grain Bagel Cream Cheese Pineapple Milk	Total Whole Grain Cer Cheddar Cheese Slice Pears Milk	Original Cheerios (100 whole grain) Banana Milk	Whole Grain Bread Hard Boiled Egg Applesauce Milk
Lunch		Seasoned Black Beans Bell Pepper Slices Yellow rice Tropical Fruit Mix Milk	Lasagna Steamed Broccoli Noodles Clementine Wedges Milk	Tuna Salad Sandwich Mixed Vegetables Mayo Seasonal Fresh Fruit Milk	Pizza Fruit Milk/juice 
Snack		Raisin Bread Milk	100% Whole Wheat Tortilla Bean dip	Cheese Crackers Fresh Apple Slices	Cookie Milk Menu E

Lunch Menu March 2019



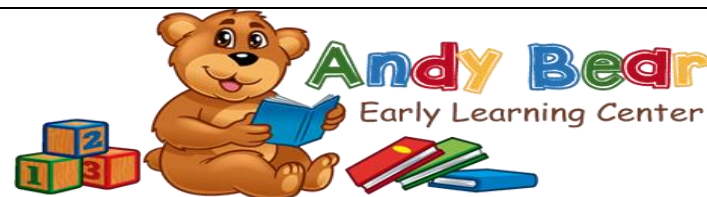
Feb 9-28	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Breakfast	Cereal Milk	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
Lunch	Baked Sliced Chicken Steamed Broccoli Roasted Sweet Potato Whole Grain Bread Milk	Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Pizza Fruit Milk/juice
Snack	Yogurt Tropical Fruit Mix	Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread	Cookie Milk
Mar 2-6	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Breakfast	Cereal Fruit Milk	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
Lunch	Roast Turkey Slices Peas and Carrots Whole Wheat Roll Mandarin Oranges Milk	Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Salisbury Steak Green Beans Mac & Cheese Seasonal Fresh Fruit Milk	Tacos (Tortilla, cheese, lettuce, tomatoes, mild salsa) Corn & Brown Rice Tropical Fruit Mix Milk	Pizza Fruit Milk/juice
Snack	Pretzels Milk	Corn Muffin 100% Orange Juice	Soynut Butter Apple Slices	Yogurt Graham Crackers	Cookie Milk



Menu A

Menu B

Lunch Menu March 2019



Mar 9-13	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Breakfast	Cereal Fruit Milk	Raisin Bread Mandarin Oranges Milk	Blueberry Muffin Yogurt Seasonal Fresh Fruit Milk	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk
Lunch	Sloppy Joes Italian Green Beans Bun Pineapple Milk	Meatloaf Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk	Pulled Chicken Green Peas Soft Roll Apple Slices Milk	Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Fruit Milk/juice
Snack	Soynut Butter Whole Grain Bread	Soft Pita Bread Red Grape Juice	Whole Grain Crackers Provolone Cheese	Animal Crackers Milk	Cookie Milk
Mar 16-20	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Breakfast	Cereal Fruit Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	Biscuit 100% Apple Juice Milk	Banana Multi Grain Cheerios Milk
Lunch	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Tropical Mixed Fruit Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets with low-fat Ranch Dip Milk	Chicken Vegetables Stir Fry Brown Rice Mandarin Oranges Milk	Pizza Fruit Milk/juice
Snack	100% Wholegrain Crackers Milk	Soynut Butter Jelly Whole Grain Bread	Fresh Orange Wedges Crackers	Yogurt Peaches	Cookie Milk

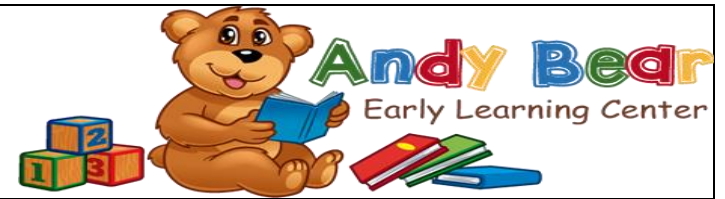


Menu C

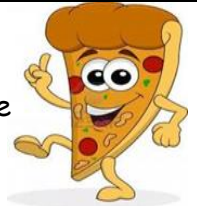


Menu D

Lunch Menu March 2019



Mar 23-27	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Breakfast	Cereal Milk	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
Lunch	Baked Sliced Chicken Steamed Broccoli Roasted Sweet Potato Whole Grain Bread Milk	Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Pizza Fruit Milk/juice
Snack	Yogurt Tropical Fruit Mix	Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread	Cookie Milk
3/30-4/3	Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
Breakfast	Cereal Fruit Milk	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
Lunch	Roast Turkey Slices Peas and Carrots Whole Wheat Roll Mandarin Oranges Milk	Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Salisbury Steak Green Beans Mac & Cheese Seasonal Fresh Fruit Milk	Tacos (Tortilla, cheese, lettuce, tomatoes, mild salsa) Corn & Brown Rice Tropical Fruit Mix Milk	Pizza Fruit Milk/juice
Snack	Pretzels Milk	Corn Muffin 100% Orange Juice	Soynut Butter Apple Slices	Yogurt Graham Crackers	Cookie Milk



Menu A

Menu B