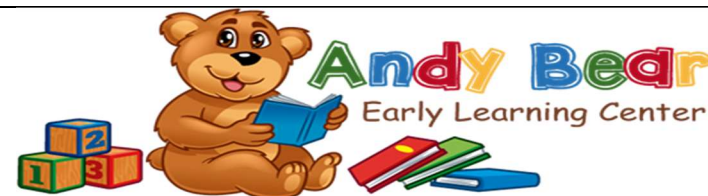
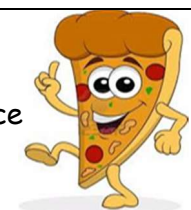


# Lunch October 2020



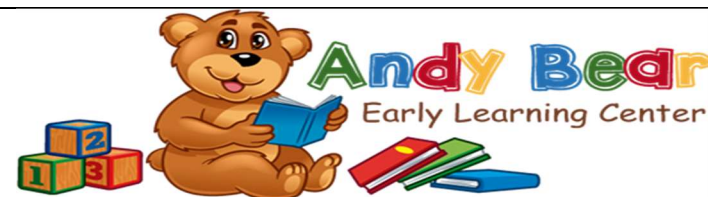
Oct. 5-9	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
<b>Breakfast</b>	Cereal Fruit Milk	Raisin Bread Mandarin Oranges Milk	Blueberry Muffin Yogurt Seasonal Fresh Fruit Milk	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk
<b>Lunch</b>	Sloppy Joes Italian Green Beans Bun Pineapple Milk	Meatloaf Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk	Pulled Chicken Green Peas Soft Roll Apple Slices Milk	Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Fruit Milk/juice
<b>Snack</b>	Soynut Butter Whole Grain Bread	Soft Pita Bread Red Grape Juice	Whole Grain Crackers Provolone Cheese	Animal Crackers Milk	Cookie Milk
<b>Oct. 12-16</b>	<b>Monday 12</b>	<b>Tuesday 13</b>	<b>Wednesday 14</b>	<b>Thursday 15</b>	<b>Friday 16</b>
<b>Breakfast</b>	Cereal Fruit Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	Biscuit 100% Apple Juice Milk	Banana Multi Grain Cheerios Milk
<b>Lunch</b>	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Tropical Mixed Fruit Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets with low-fat Ranch Dip Milk	Chicken Vegetables Stir Fry Brown Rice Mandarin Oranges Milk	Pizza Fruit Milk/juice
<b>Snack</b>	100% Wholegrain Crackers Milk	Soynut Butter Jelly Whole Grain Bread	Fresh Orange Wedges Crackers	Yogurt Peaches	Cookie Milk

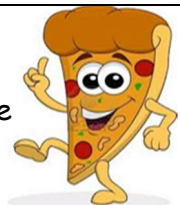
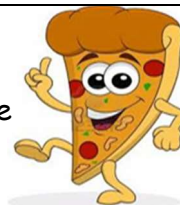


Menu C

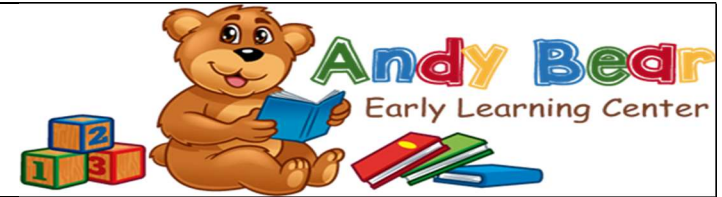
Menu D




# Lunch October 2020



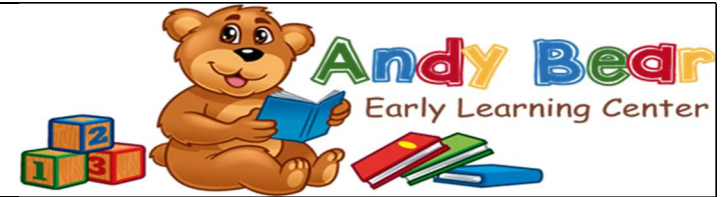
Oct. 19-23	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
<b>Breakfast</b>	Cereal Milk	Whole Grain Bagel Cream Cheese Pineapple Milk	Total Whole Grain Cer Cheddar Cheese Slice Pears Milk	Original Cheerios (100 whole grain) Banana Milk	Whole Grain Bread Hard Boiled Egg Applesauce Milk
<b>Lunch</b>	Fresh Turkey Roast Peas and Carrots Mac & Cheese Peaches Milk	Seasoned Black Beans Bell Pepper Slices Yellow rice Tropical Fruit Mix Milk	Lasagna Steamed Broccoli Noodles Clementine Wedges Milk	Tuna Salad Sandwich Mixed Vegetables Mayo Seasonal Fresh Fruit Milk	Pizza Fruit Milk/juice 
<b>Snack</b>	Saltine Crackers Orange Juice	Raisin Bread Milk	100% Whole Wheat Tortilla Bean dip	Cheese Crackers Fresh Apple Slices	Cookie Milk  Menu E
Oct. 26-30	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
<b>Breakfast</b>	Cereal Milk	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
<b>Lunch</b>	Baked Sliced Chicken Steamed Broccoli Roasted Sweet Potato Whole Grain Bread Milk	Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Pizza Fruit Milk/juice 
<b>Snack</b>	Yogurt Tropical Fruit Mix	Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread	Cookie Milk  Menu A




# Lunch November 2020



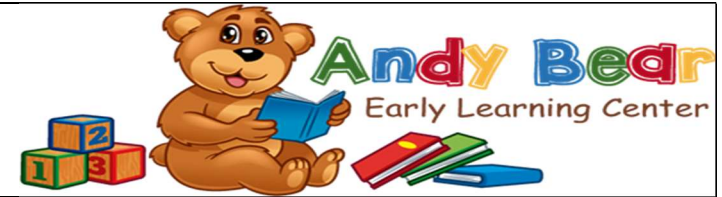
Nov. 2-6	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
<b>Breakfast</b>	Cereal Fruit Milk	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
<b>Lunch</b>	Roast Turkey Slices Peas and Carrots Whole Wheat Roll Mandarin Oranges Milk	Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Salisbury Steak Green Beans Mac & Cheese Seasonal Fresh Fruit Milk	Tacos (Tortilla, cheese, lettuce, tomatoes, mild salsa) Corn & Brown Rice Tropical Fruit Mix Milk	Pizza Fruit Milk/juice 
<b>Snack</b>	Pretzels Milk	Corn Muffin 100% Orange Juice	Soynut Butter Apple Slices	Yogurt Graham Crackers	Cookie Milk <span style="float: right;">Menu B</span>
Nov. 9-13	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
<b>Breakfast</b>	Cereal Fruit Milk	Raisin Bread Mandarin Oranges Milk	<p><b>Closed</b></p>  <p><b>Veteran's day</b></p>	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk
<b>Lunch</b>	Sloppy Joes Italian Green Beans Bun Pineapple Milk	Meatloaf Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk		Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Fruit Milk/juice 
<b>Snack</b>	Soynut Butter Whole Grain Bread	Soft Pita Bread Red Grape Juice		Animal Crackers Milk	Cookie Milk <span style="float: right;">Menu C</span>

# Lunch November 2020

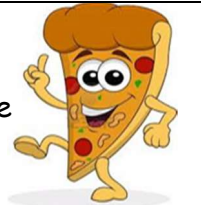
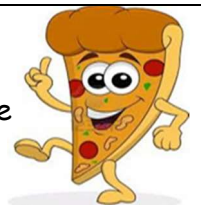


Nov. 16-20	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
<b>Breakfast</b>	Cereal Fruit Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	Biscuit 100% Apple Juice Milk	Banana Multi Grain Cheerios Milk
<b>Lunch</b>	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Tropical Mixed Fruit Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets with low-fat Ranch Dip Milk	Chicken Vegetables Stir Fry Brown Rice Mandarin Oranges Milk	Pizza Fruit Milk/juice 
<b>Snack</b>	100% Wholegrain Crackers Milk	Soynut Butter Jelly Whole Grain Bread	Fresh Orange Wedges Crackers	Yogurt Peaches	Cookie Milk <span style="float: right;">Menu D</span>
Nov. 23-27	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
<b>Breakfast</b>	Cereal Milk	Whole Grain Bagel Cream Cheese Pineapple Milk	Total Whole Grain Cer Cheddar Cheese Slice Pears Milk	<b>Closed</b>	<b>Closed</b>
<b>Lunch</b>	Fresh Turkey Roast Peas and Carrots Mac & Cheese Peaches Milk	Seasoned Black Beans Bell Pepper Slices Yellow rice Tropical Fruit Mix Milk	Lasagna Steamed Broccoli Noodles Clementine Wedges Milk	 <b>Thanksgiving Day</b>	 <b>Day after</b> <span style="float: right;">Menu E</span>
<b>Snack</b>	Saltine Crackers Orange Juice	Raisin Bread Milk	100% Whole Wheat Tortilla Bean dip		

# Lunch December 2020



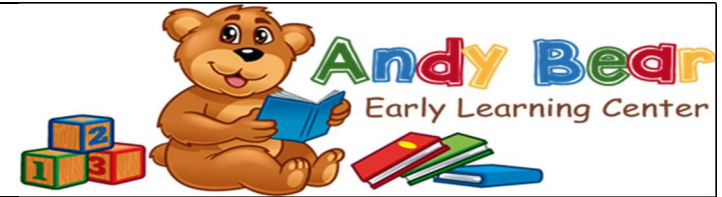
11/30-12/4	Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
<b>Breakfast</b>	Cereal Milk	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
<b>Lunch</b>	Baked Sliced Chicken Steamed Broccoli Roasted Sweet Potato Whole Grain Bread Milk	Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Pizza Fruit Milk/juice
<b>Snack</b>	Yogurt Tropical Fruit Mix	Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread	Cookie Milk
<b>Dec. 7-11</b>	<b>Monday 7</b>	<b>Tuesday 8</b>	<b>Wednesday 9</b>	<b>Thursday 10</b>	<b>Friday 11</b>
<b>Breakfast</b>	Cereal Fruit Milk	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
<b>Lunch</b>	Roast Turkey Slices Peas and Carrots Whole Wheat Roll Mandarin Oranges Milk	Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Salisbury Steak Green Beans Mac & Cheese Seasonal Fresh Fruit Milk	Tacos (Tortilla, cheese, lettuce, tomatoes, mild salsa) Corn & Brown Rice Tropical Fruit Mix Milk	Pizza Fruit Milk/juice
<b>Snack</b>	Pretzels Milk	Corn Muffin 100% Orange Juice	Soynut Butter Apple Slices	Yogurt Graham Crackers	Cookie Milk



Menu A

Menu B

# Lunch December 2020



Dec. 14-18	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
<b>Breakfast</b>	Cereal Fruit Milk	Raisin Bread Mandarin Oranges Milk	Blueberry Muffin Yogurt Seasonal Fresh Fruit Milk	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk
<b>Lunch</b>	Sloppy Joes Italian Green Beans Bun Pineapple Milk	Meatloaf Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk	Pulled Chicken Green Peas Soft Roll Apple Slices Milk	Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Fruit Milk/juice
<b>Snack</b>	Soynut Butter Whole Grain Bread	Soft Pita Bread Red Grape Juice	Whole Grain Crackers Provolone Cheese	Animal Crackers Milk	Cookie Milk
<b>Dec. 21-25</b>	<b>Monday 21</b>	<b>Tuesday 22</b>	<b>Wednesday 23</b>	<b>Thursday 24</b>	<b>Friday 25</b>
<b>Breakfast</b>	Cereal Fruit Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	<b>Closed</b>	<b>Closed</b>
<b>Lunch</b>	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Tropical Mixed Fruit Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets with low-fat Ranch Dip Milk		
<b>Snack</b>	100% Wholegrain Crackers Milk	Soynut Butter Jelly Whole Grain Bread	Fresh Orange Wedges Crackers	<b>Christmas Eve</b>	<b>Christmas Day</b>

Menu C

Menu D