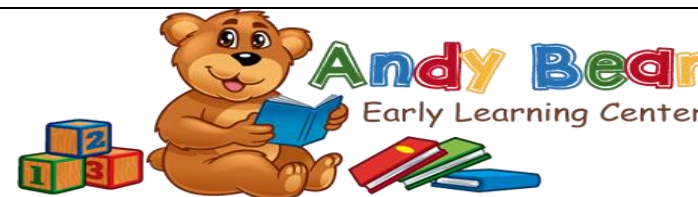
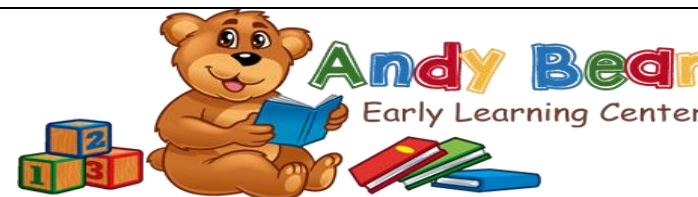


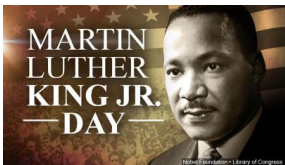

Lunch Menu January 2021



Jan 4-8	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Breakfast	Cinnamon Raisin Bagel Cream Cheese 100% Apple Juice Milk	Multi Grain Cheerios Pears Milk	Colby Cheese Slice Whole Grain Bread Pineapple Milk	Life Original Cereal Cinnamon Apples Milk	Wheat Chex Cereal Banana Yogurt Milk
Lunch	Baked Sliced Chicken Steamed Broccoli Roasted Sweet Potato Whole Grain Bread Milk	Chicken Tetrizzini Sautéed Spinach and Tomatoes Penne Pasta Applesauce Milk	Ground Beef Stroganoff Roasted Cauliflower Egg Noodles Seasonal Fresh Fruit Milk	Breaded Fish Mixed Vegetables Soft Roll Mandarin Oranges Milk	Oven Fried Chicken Fresh Green Beans Salad (Spinach, Romaine, Tomato, Cucumber) Cornbread
Snack	Yogurt Mixed Fruit	Blueberry Muffin Milk	Cheese Crackers Peaches	Sliced Turkey Whole Grain Bread Mayo	Fresh Orange Wedge Animal Crackers <small>Menu A</small>
Jan 11-15	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Breakfast	Cheddar Cheese Pineapple Kix Cereal Milk	Plain Bagel Cream Cheese Pears Milk	Whole Grain Bread Banana Milk	English Muffin Hard Boiled Egg Milk	Rice Chex Cereal Orange Wedges Milk
Lunch	Roast Turkey Slices Peas and Carrots Whole Wheat Roll Mandarin Oranges Milk	Chicken Nuggets Steamed Broccoli Whole Grain Bread Applesauce Milk	Beef Stir Fry Stir Fry Vegetables Penne Pasta Seasonal Fresh Fruit Milk	Tacos Milk	Turkey & Swiss Sandwich Salad Fruit Cocktail 100% Whole Grain Bread
Snack	Pretzels Milk	Corn Muffin 100% Orange Juice	Soynut Butter Apple Slices	Yogurt Graham Crackers	Tuna Salad Crackers <small>Menu B</small>

Lunch Menu January 2021



Jan 18-22	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Breakfast	Martin Luther King Jr. Day CLOSED 	Raisin Bread Mandarin Oranges Milk	Blueberry Muffin Yogurt Seasonal Fresh Fruit Milk	Frosted Mini Wheats Little Bites Original Cinnamon Apples Milk	Whole Grain English Muffin Hard Boiled Egg Banana Milk
Lunch		Meatloaf Fresh Mashed Sweet Potato Whole Grain Bread Fruit Cocktail Milk	Pulled Chicken Green Peas Soft Roll Apple Slices Milk	Spaghetti & Meat Steamed Baby Carrots Salad Garlic Bread Milk	Pizza Milk Mixed Vegetables Pears 
Snack		Soft Pita Bread Red Grape Juice	Whole Grain Crackers Carrot Sticks	Animal Crackers Milk	Cheese Stick Fresh Orange Slices <small>Menu C</small>
Jan 25-24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Breakfast	Yogurt Fruit Cocktail Life Original Cereal Milk	Applesauce Blueberry Muffin Milk	Provolone Cheese Slice Whole grain Bread Seasonal Fresh Fruit Milk	Biscuit 100% Apple Juice Milk	Banana Multi Grain Cheerios Milk
Lunch	Chicken Alfredo Pasta Green Peas Pineapple Milk	Breaded Fish Cucumber Slices Soft Roll Fresh Clementine Milk	Bean Burrito w/ Tortilla Steamed Baby Carrots Broccoli Florets Milk	Chicken Vegetables Stir Fry Brown Rice Mandarin Oranges Milk	Hamburger Oven Fried Potatoes Pears
Snack	100% Wholegrain Crackers Milk	Cheddar Cheese Stick Whole Grain Bread	Fresh Orange Wedges Crackers	Yogurt Peaches	Pretzels Mozzarella Cheese Stick <small>Menu D</small>